

# Kindness Counts

## K-2

Adapted from a lesson created by:

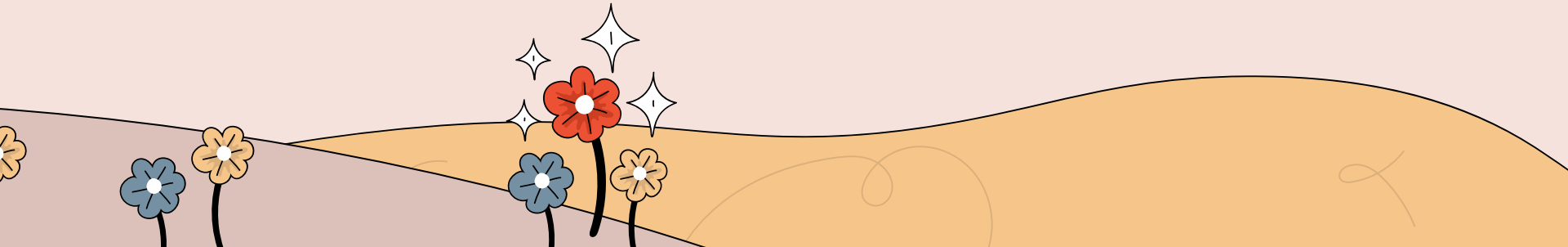
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# Community Agreements

- I will respect myself and others.
- I will listen when others are speaking.
- I will be kind.
- I will do my best.



# Learning Objectives

- I will be able to explain what respect means.
- I will be able to give at least two examples of how to show respect to others.
- I will replace name calling with a positive strategy.



# Social Emotional Learning Standards



## Benchmark 1A:

Demonstrates awareness and understanding of one's own emotions and emotions' influence on behavior.

## Benchmark 2A:

Demonstrates the skills to manage one's emotions, thoughts, impulses, and stress in constructive ways.

## Benchmark 4A:

Demonstrates awareness of other people's emotions, perspectives, cultures, languages, histories, identities, and abilities.



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# Respect- What does it mean?

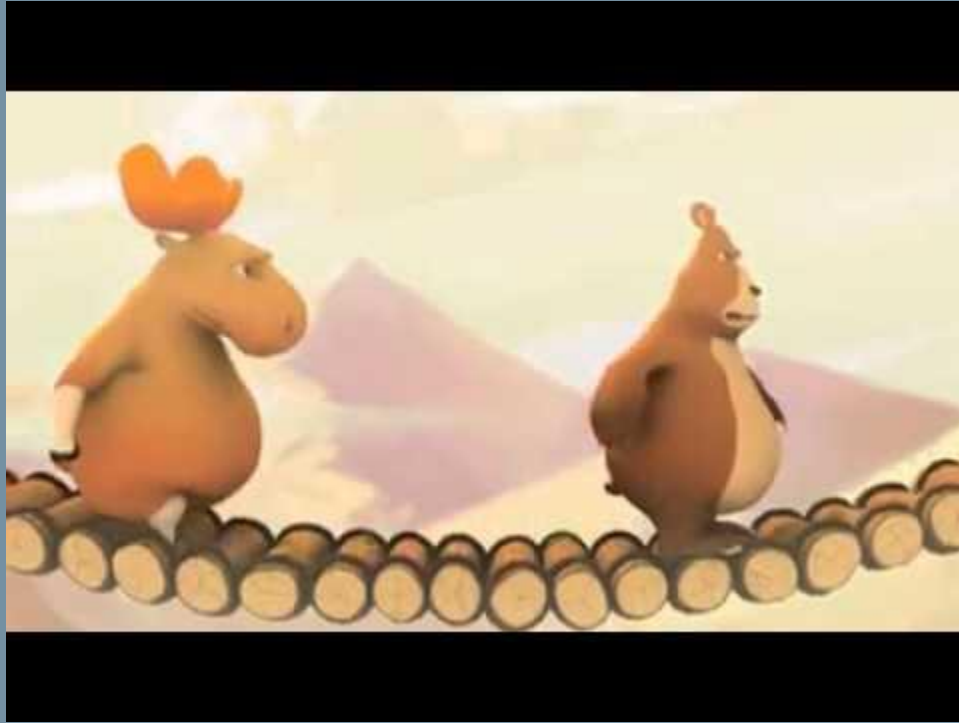
Showing respect to someone means **you act in a way** that shows you care about their feelings and well-being.

Showing respect for others include things like:



- not calling people mean names
- treating people with courtesy
- caring enough about yourself that you don't do things you know can hurt you

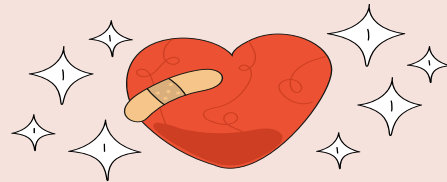
\*What does disrespect mean?



What do you notice?

# Think about it!

1. What did the moose and the bear do that was disrespectful to each other, and to the racoon and rabbit?
2. What did the racoon and rabbit do that was disrespectful to the moose and the bear?



# Turn & Talk

What have you done or seen someone else do recently to show respect to someone?

What have you done or seen someone else do that is not respectful to someone?

What are some simple ways to always be respectful to adults? Your peers? Yourself?



# Our Experiences with Disrespect



Have you ever had an experience where someone disrespected you?



How did that make you feel?



How was the situation handled?



What did you learn and what advice would you give to students?

# Make It Personal



What is YOUR definition of respect?

(Turn and Talk)





# Positive Strategies

1. Be kind and courteous.
2. Listen to others and respect differences in beliefs and opinions.
3. Think before you speak.
4. Lend a helping hand and practice compassion.
5. Respect personal space and personal property.
6. Understand that everyone has their own experiences.
7. Speak up if others around you are being disrespectful.
8. Be willing to make mistakes and learn from them.

How could the moose and bear be more respectful to each other, and to the raccoon and rabbit?



# Show what you know!

1. I will be able to explain what respect means.
2. I will be able to give at least two examples of how to show respect to others.
3. I will replace name calling with a positive strategy.



**“The time is  
always right  
to do what is right.”**

—Martin Luther King, Jr.

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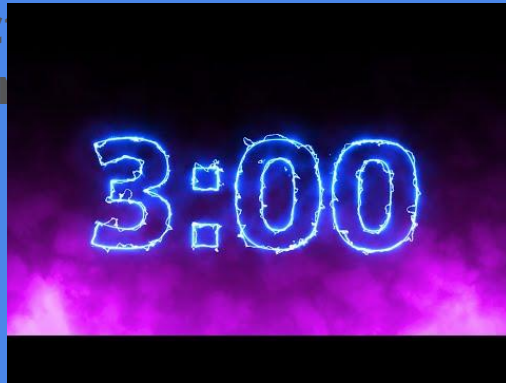
# Kindness Counts: A Respectful Assembly

**Thank You!!**



# Sprint Journal

1. What have you done recently to someone that made them feel bad?
2. What have you done recently to someone that made them feel good?
3. Can you think of any ways that you can be respectful to someone today? In the week?





# Respect

people's feelings.  
Even if it doesn't  
mean anything to  
you.

It could  
mean  
everything  
to them.



**Thank You  
for showing  
respect  
during our  
lesson!**



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