### November Menu

#### Breakfast Options:
- Chocolate Muffins
- Bagel & Cream Cheese
- Mini Maple Waffles
- Blueberry Muffin
- Mini Cinnis
- Blueberry Muffin
- Chocolate Muffins
- Mini Cinnis
- Blueberry Muffin
- Chocolate Muffins
- Mini Cinnis
- Blueberry Muffin
- Chocolate Muffins

#### Lunch Options:
- Whole Grain Chicken Corn Dog Confetti Corn & Black Bean Salad Romaine Salad Cherry Tomatoes Mandarin Oranges
- Bagel & Cream Cheese
- Orange Popcorn Chicken Whole Grain Breadstick Spinach Salad With Garbanzo Beans Rad Rad Radishes Fresh Apples
- Blueberry Muffin
- Chicken Tenders BBQ Dipping Sauce Whole Grain Roll Rosemary Mashed Potatoes Kale Salad with Fresh Apple Slices Snappy Snow Peas Mixed Up Fruit
- Bagel & Cream Cheese
- Popcorn Chicken w/ BBQ Sauce Fluffy Brown Rice Pilaf Crispy Kale Chips Mellow Yellow Squash Rosy Applesauce
- Char-Broiled Hamburger With Whole Grain Bun Curly Potato Fries Spinach Salad With Fresh Pear Slices Ruby Red Tomatoes Juicy Red Pear
- Bagel & Cream Cheese
- Popcorn Chicken w/ BBQ Sauce Fluffy Brown Rice Pilaf Crispy Kale Chips Mellow Yellow Squash Rosy Applesauce
- Bagel & Cream Cheese
- Bagel & Cream Cheese
- Bagel & Cream Cheese
- Bagel & Cream Cheese

#### Specials:
- Western Cheese Burger or a Black Bean Burger BBQ Sauce Lettuce & Tomatoes Twisty Curly Fries Broccoli Crowns Fruity Smiles
- Bagel & Cream Cheese
- Chicken Tenders BBQ Dipping Sauce Whole Grain Roll Rosemary Mashed Potatoes Kale Salad with Fresh Apple Slices Snappy Snow Peas Mixed Up Fruit
- No School
- Mozzarella Breadsticks Zippy Marinara Sauce Herbacious Chickpea Salad Zucchini Wedges FRUIT-OF-THE-MONTH Satsuma Tangerines

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**This Institution is an equal opportunity provider.**

Menu subject to change due to availability.

Each breakfast includes a variety of fruit choices. All meals include a choice of nonfat or lowfat milk.