



PROPSTRA AQUATIC CENTER

605 N Devine Road Vancouver, WA 98661

Schedule starts February 21st, 2024 and is subject to change without notice.

Admissions	CONTACT INFO	General Facility Guidelines	Ratios
Adult (18 - 64 years old) \$5.00 Youth (4 - 18 years old) \$4.00 Senior (65+) \$3.00 VPS Employee \$3.00 Child 3 and under (0-3) \$3.00 Family (Maximum 5, no more than 2 adults, must all reside at same address) \$15.00	360-313-3625 Visit us vansd.org/propstra-aquatic-center  Find us on Facebook	<ul style="list-style-type: none"> • ALL children under the age of 16 MUST have a parent or guardian (18 years or older) while at Propstra • Do not leave your child(ren) at Propstra unsupervised. • Children under the age of 7 must have a parent within' arms reach at all times. 	For parents/guardian attending a swim with multiple children the ratios for parent/guardian to child are listed below. 1 adult : 3 children (under the age of 7) 1 adult : 10 children (7 and older) 1 adult : 4 children (combined ages)

Monday	Tuesday	Wednesday	Thursday	Friday
Public Swim (Lap&Leisure) 7:15 am - 8:15 am				
Public Swim (Lap&Leisure) 8:30 am - 9:30 am Aqua Power 8:30 am - 9:15 am Lanes 1 & 2 are closed	Public Swim (Lap&Leisure) 8:30 am - 9:30 am Aqua Power 8:30 am - 9:15 am Lanes 1 & 2 are closed	Public Swim (Lap&Leisure) 8:30 am - 9:30 am Aqua Power 8:30 am - 9:15 am Lanes 1 & 2 are closed	Public Swim (Lap&Leisure) 8:30 am - 9:30 am Aqua Power 8:30 am - 9:15 am Lanes 1 & 2 are closed	Public Swim (Lap&Leisure) 8:30 am - 9:30 am Aqua Power 8:30 am - 9:15 am Lanes 1 & 2 are closed
Public Swim (Lap&Leisure) 9:45 am - 10:45 am Gentle Moves 9:45 am - 10:30 am Leisure Pool	Public Swim (Lap&Leisure) 9:45 am - 10:45 am Gentle Moves 9:45 am - 10:30 am Leisure Pool	Public Swim (Lap&Leisure) 9:45 am - 10:45 am Gentle Moves 9:45 am - 10:30 am Leisure Pool	Public Swim (Lap&Leisure) 9:45 am - 10:45 am Gentle Moves 9:45 am - 10:30 am Leisure Pool	Public Swim (Lap&Leisure) 9:45 am - 10:45 am Gentle Moves 9:45 am - 10:30 am Leisure Pool
Public Swim (Lap&Leisure) 11:00 am - 12:00 pm				
Public Swim (Lap&Leisure) 12:15 pm - 1:15 pm				

Public Swim Instructions	General Safety Guidelines	FITNESS CLASSES
<ul style="list-style-type: none"> • Please arrive swim ready • Show up 5 minutes before the public swim time • Go to the front desk to pay. (Card preferred or exact currency) • Go to appropriate locker room to shower. • Get out of the pool at designated time 	<ul style="list-style-type: none"> • Stay home if you are sick • If you or someone in your group begin to feel sick at the pool, please go home • Wash your hands frequently with soap and water for 20 seconds. 	AQUA POWER CLASS Monday thru Friday from 8:30 to 9:15 AM which is a full body workout focusing on Cardio Core. GENTLE MOVES CLASS Monday thru Friday from 9:45 to 10:30 AM which is a full body workout focusing on Core Stabilization.